

**The EUSEM 2023 Paramedics Competition**  
**Minimal standard of action during tasks**

**PULSE MEASUREMENT: CENTRAL pulse and PERIPHERAL pulse**



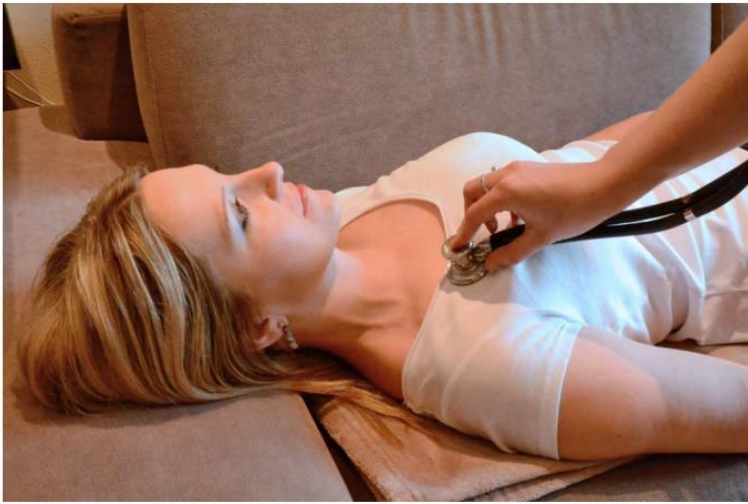
**CHEST EXAMINATION: auscultation of heart/lungs**



**ABDOMEN**



SpO2 MEASUREMENT: provides value of SpO2 and heart action



BLOOD PRESSURE MEASUREMENT: MINIMALLY ONE CUFF TURN OF measured with monitor or manually (stethoscope required)



ECG 12-LEAD (4-lead only with colored leads)



### COMPLETE MONITORING: ECG (4-lead), BP, SpO2



### SECURING I.V. LINE, ADMINISTERING MEDICATION, INFUSION



### OXYGEN THERAPY



Other actions are executed the same as real ones.

- C-collars/ X-collars – do not fasten, accept short/neckless due to actor's comfort. Manual in-line stabilisation must be executed as in real life.
- Splinters have to be put on, not fastened.
- Whole body immobilization, SCOOP, spineboard as in real life.
- Judge will announce eventual limitation (mainly due to actor's comfort).